

Unit
2

My Amazing Body

Simple Movements



Vedha, Yasmin and Rita are friends and neighbours. They enjoy going home from school together. Come, let us join them.

You will learn about

- ❖ Simple movements
- ❖ Joints
- ❖ Role of the sense organs
- ❖ Postures
- ❖ Stages of growth



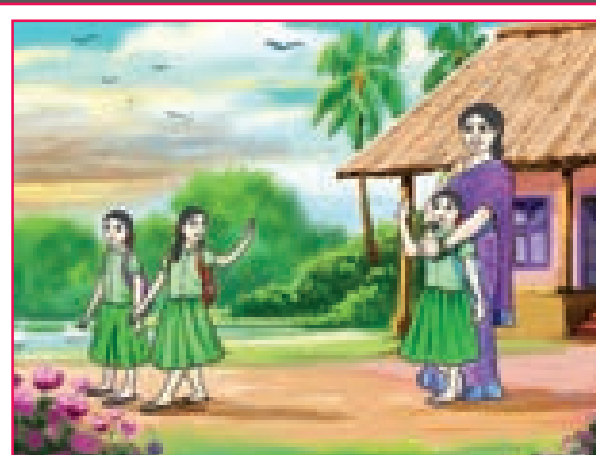
"Look! A green frog is hopping.
Let us **hop** too".



"Oh no! Bits of paper make the
place untidy. Let us **pick** them up
and **put** them in the bin".



"We have reached vedha's home.
Wow! Look at the ripe mangoes. Let
us **jump** and **pluck** them".



"Bye, dear friends".
They **wave** goodbye to each other.